Building Community Resource Networks

October 15, 2013



Welcome! Who's Joining Us?

Let's Introduce Ourselves:

- Community
- · Which State grant?
- Primary role

Facilitators:



Thea Agnew Bemben



Karen Benning

As a courtesy to others:

- ✓ Please put phones on mute
- ✓ Please do not put us on hold!

Overview of Today's Session

What do you hope to get out of it?

What we hope to help answer:

- What does "sustainability" really *mean*, anyway?
- Why grants **≠** sustainability
- 3 keys to long-term success
- Great so can we have the keys?

Plus:

A statewide community resource network for prevention

An Abstract Concept

One working definition of sustainability:

A community's ongoing capacity and resolve to work together to establish, advance, and maintain effective strategies (efforts) that continuously improve health and quality of life for all (results)



Building a Network

"The Usual Suspects"

Expertise: local data, best practices, evidence-based strategies



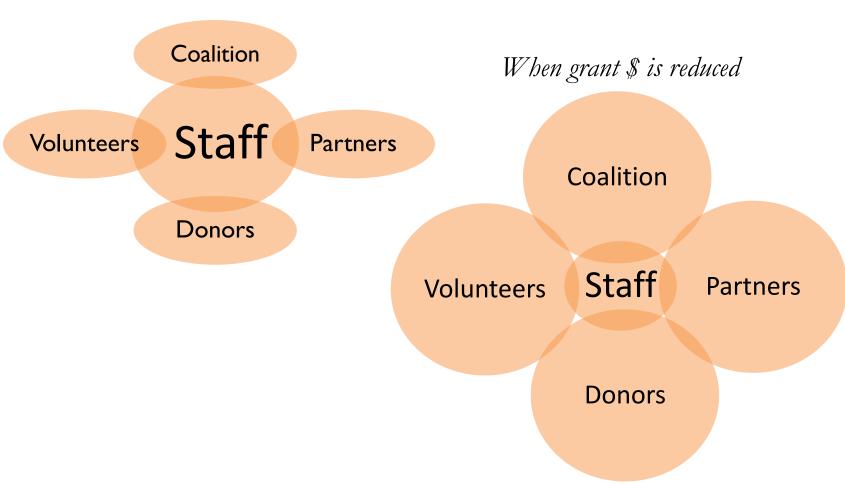
There are many ways to get where you're going...

And:

- Others with stake/interest (CADCA: 12 sectors)
 - Schools
 - Law enforcement
 - •Healthcare professionals
 - •Government: local, tribal
 - Other entities involved with issue
 - ■Business community
 - Media
 - Youth-serving organizations
 - Civic and volunteer groups
 - Religious, fraternal organizations
 - ■Youth
 - ■Parents

Community Issues & Grant Funding

Frequent grant approach



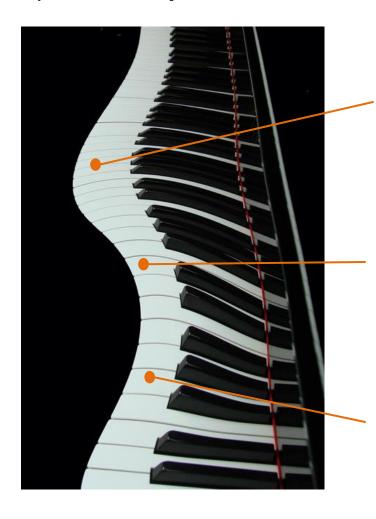
Sources to Sustain Results



(since it's baseball playoff season)

3 Keys

(from September breakout session)



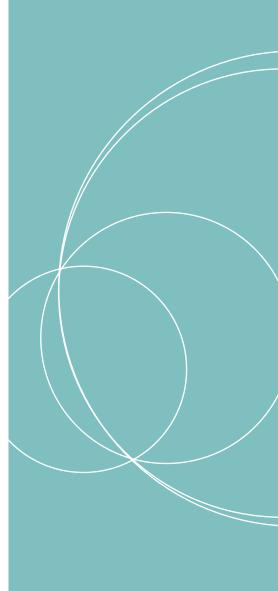
Broad community support

Key stakeholders

Collective effectiveness

Wait! What About...





Great! So hand over the keys!

- 1. Trusting relationships, willingness to work together *strategically*
- 2. Well-informed and *objective* (aka science and data driven) process
- 3. Community *champions*
- 4. Regular, active involvement



A Sampling of Alaska Prevention Grantees

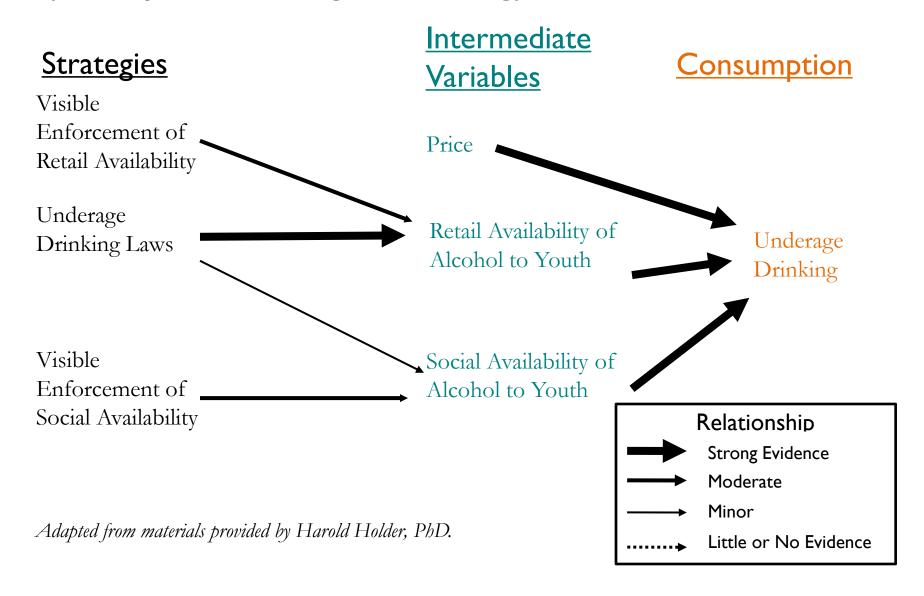
| Project Service Area | Coalition | Behavioral Health Priority Area(s) |
|--|---|---|
| Barrow | Arctic Coalition for Healthy Communities | Youth Substance Abuse |
| Seward, Hope, Cooper Landing | Seward Prevention Coalition | Youth substance use |
| Southcentral | Communities Mobilizing for Change on Alcohol | Substance abuse Mental health issues |
| Juneau | Juneau Suicide Prevention Coalition | Suicide prevention |
| Alternative schools in Anchorage, Barrow, Juneau, Kenai Peninsula, Ketchikan, Palmer, Sitka, Wasilla | J | Suicide prevention Connectedness Resiliency |
| Statewide | Spirit of Youth | Youth resiliency |

I. Willingness to work together strategically

Community resource networks

- Other coalitions involved in behavioral issues?
- Your coalition: more than one behavioral health issue?
- Other grantees?

2. Well-informed, objective process (Example: Underage Drinking)



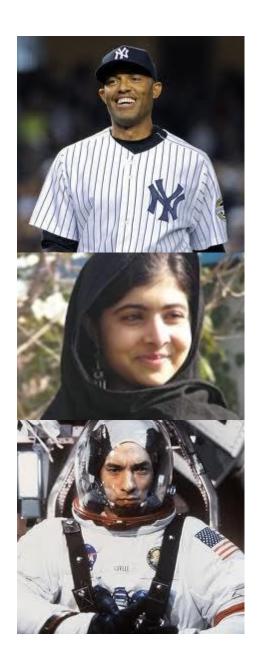
3. Community champions

Who?

- Not necessarily "formal" leaders
- Command attention, respect

How?

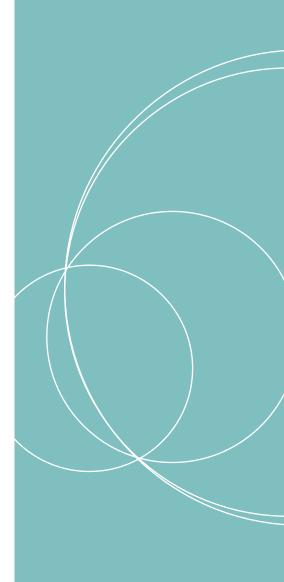
Informal leaders = informal approaches



Keep in Mind...

Any community member has the *potential* for becoming a local champion

Cultivating a local champion can be informal



4. Regular, active involvement

- ✓ Assessment
- ✓ Planning
- ✓ Decision making
- ✓ Implementation
- ✓ Evaluation

Attend meetings? You bet! But what else can coalition members, sponsors, and volunteers do?



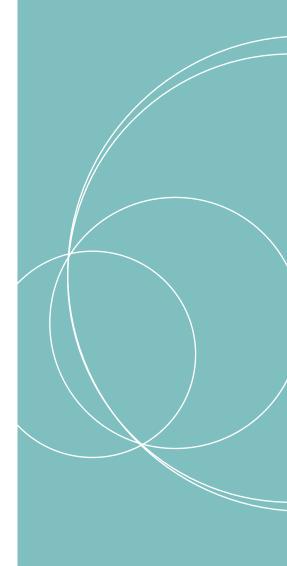
Staff shouldn't have to do all the heavy lifting!

Ripped From the Headlines!



Sand Point residents run man they say is drug dealer out of town

Published: August 22, 2013



What They Did & Didn't Have

- Yes
- Trusting relationships, willingness to work together strategically

?

- Community-wide support
- Yes
- Community champions
- Yes
- Active involvement

?

- Well-informed and objective (aka science and data driven) process
- A little Money

What efforts could be taken to build on this momentum?

Communication is key, too!

• Be creative: meetings, but what else?

 Need & crisis generate initial interest, but over time, so does success – share your results

• Two-way communication

Recap

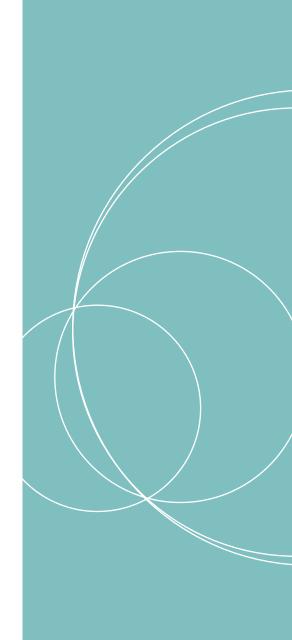
3 "Keys"

- Organizations, working through a coalition, cultivate broad community support
- Key stakeholders see
 themselves as stewards of the
 community's well-being
- Everyone involved views success as depending on *collective* effectiveness

Ways to get there

- Build trusting relationships, willingness to work together strategically
- Use well-informed and *objective* (aka science and data driven) process
- Cultivate community champions
- Encourage regular, *active* involvement

Questions?



Thank You!

Training will be posted at: alaskaspfsig.org

Additional questions? Feel free to contact your designated Community Prevention Support Team member, or:

Karen Benning
karen@agnewbeck.com
907.222.5424